

Personal Data

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Date of Birth 23.10.1989
Citizenship: Austrian
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Employment

2017-present Staff Scientist University of Applied Sciences Tyrol, Department of Dietetics, Innsbruck, Austria

2017-present Self-employed dietitian Innsbruck, Austria

2016-present Lecturer in Human Nutrition, Public Health Nutrition, Nutritional Epidemiology, Research Seminar (Bachelor's Thesis) University of Applied Sciences Tyrol, Innsbruck, Austria
Pedagogical University Tyrol, Innsbruck, Austria

2016-2017 Research assistant in a corporate research project SIPCAN - Special Institute for Preventive Cardiology and Nutrition in cooperation with the Medical University Vienna, University of Vienna and UMIT - Private University for Health Sciences, Medical Informatics and Technology, Tyrol

Education

2014-2017 MSc in Nutritional Science and Public Health Nutrition University of Vienna, Austria
Thesis Title: Analysis of Nutrition and Consumer Education at New Middle Schools in Tyrol

2011-2014 BSc in Health Studies, Dietetics University of Applied Sciences Tyrol, Innsbruck, Austria

Training Courses

2018	Certificate Course in Sports Nutrition	IMSB Austria – High Performance Center, Maria Enzersdorf
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Grants & Awards

2017	1 st Poster prize at the annual meeting of the Nutrition Society of Austria in Vienna Title: Analysis of dietary greenhouse gas emissions from a diet as recommended in comparison to the average diet of Tyrolean adults
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Qualification & Skills

- Research design, (statistical) analyses, optimization and interpretation of epidemiological data
- Experienced in quantitative and qualitative data assessment of dietary intake and anthropometric measurements
- Excellent scientific writing skills (publications, reports, funding application)
- Scientific guidance of undergraduate students

Research Interests

Research interests include nutritional epidemiology, public health nutrition, dietary intake, dietary assessments, life cycle nutrition, sustainable nutrition and nutrition education.

Articles & Conference Abstracts

Schiefermeier-Mach Natalia, Egg Sabrina, Erler Judith, Hasenegger Verena, Rust Petra, König Jürgen, Purtscher Anna Elisabeth (2019): Electrolyte intake and major food sources of sodium, potassium, calcium and magnesium in a population in Western Austria. – submitted

Egg Sabrina, Erler Judith, Perktold Bernhard, Hasenegger Verena, Rust Petra, Ramoner Reinhold, König Jürgen, Purtscher Anna Elisabeth (2019): Traditional v. modern dietary patterns among a population in western Austria: associations with body composition and nutrient profile. *Public Health Nutr*, 22 (3): 455-465.

Fürhapter Astrid, Egg Sabrina (2018): Diätetische Unterstützung der Verdauungsleistung und Appetitlosigkeit im Alter. Die Wirkung von Bitterstoffen aus Pflanzen und Gemüse. *Diaetologen Journal* 2018 (4): 21-23.

Moll Julia, Egg Sabrina, Erler Judith, Hasenegger Verena, Rust Petra, Ramoner Reinhold, König Jürgen, Purtscher Anna Elisabeth (2018): Tiroler Speck & Herzgesundheit – Die Zufuhr von gesättigten Fettsäuren in der Tiroler Bevölkerung im Hinblick auf Herz-Kreislauf-Erkrankungen. *Journal für Ernährungsmedizin* 20 (3): 24.

Gradl Elena, Egg Sabrina (2018): Rheumatoide Arthritis & vegetarische Ernährung – Auswirkungen einer rein vegetarischen Ernährung auf Symptomatik und ausgewählte Parameter rheumatischer Arthritis. *Journal für Ernährungsmedizin* 20 (3): 21.

Egg Sabrina, Erler Judith, Hasenegger Verena, Rust Petra, Ramoner Reinhold, König Jürgen, Purtscher Anna Elisabeth (2018): How climate-friendly does Tyrol eat? Analysis of nutrition-related greenhouse gas emissions in a population in Western Austria compared to national dietary recommendations. *Ernährungs Umschau* 65(5): 89–91

Egg Sabrina, Erler Judith, Perktold Bernhard, Hasenegger Verena, Rust Petra, Ramoner Reinhold, König Jürgen, Purtscher Anna Elisabeth (2017): Wie nachhaltig is(s)t Tirol? – Ernährungsassoziierte Treibhausgasemissionen in der Tiroler Bevölkerung. In: *Ernährung aktuell* 4/2017: 14.

Egg Sabrina, Erler Judith, Perktold Bernhard, Hasenegger Verena, Rust Petra, Ramoner Reinhold, König Jürgen, Purtscher Anna Elisabeth (2017): Wie nachhaltig is(s)t Tirol? – Ernährungsbedingte Treibhausgasemissionen in der Tiroler Bevölkerung. Posterabstract. In: *Ernährung aktuell* 4/2017: 26.