

Dr. Gabriele Kohlböck

Klinische Psychologin | Forscherin | Statistische Expertin

Klinische Expertise

- Klinische Psychologin mit fundierter Diagnostik- und Klinisch-Psychologischer Behandlung
- Evidenzbasierte Methoden und wissenschaftlich fundierte Praxis
- Spezialisierung auf Mental Health und Emotionsregulation.

Wissenschaft und Forschung

- Erstautorin einer Vielzahl peer-reviewter High-Impact Publikationen sowie Mitautorin zahlreicher weiterer Arbeiten im Rahmen der Betreuung und des Mentorings von Doktorand:innen
- Internationale Forschungserfahrung
- Verbindung von Theorie und Praxis auf höchstem Niveau.

Industrie und Statistik

- Mehrjährige Tätigkeit als Statistikerin in der Industrie
- Datenanalyse, Studiendesign und komplexe Modellierung
- Brücke zwischen Wissenschaft, Wirtschaft und klinischer Praxis.

Curriculum Vitae:

Education:

2000 to 2002, Post Graduate Training as a Clinical Psychologist and Health Psychologist, BOEP, Salzburg, Austria

2001 to 2002, Training in Psychiatric Epidemiology, Ludwig Maximilians University, Munich, Germany

1999 to 2001, Ph.D. in Psychology, University of Salzburg, Austria

1994 to 1999, Master degree in Psychology, University of Salzburg, Austria

Work Experience:

- 1) October 2025 to Present, Researcher and Clinical Psychologist
University for Applied Sciences Innsbruck (FH GESUNDHEIT),
Department of Nursing, Innrain 98, 6020 Innsbruck, Austria:

Main responsibilities:

- Nursing Research:
 - Psychology in Nursing: Emotional Support in Nursing, Preventive Strategies in Nursing Education, Emotion Regulation, ADHD, Personality and Personality Functioning, Mental Health, Psychiatric Epidemiology, Sleeping Disorders, Development of Digital Psychological Assessment and Intervention Tools.
- Lecturer in Psychology for Nursing: General Psychology, Practical Psychological Techniques for use in Nursing.

2) *September 2022 to September 2025, Clinical Psychologist Tirol Kliniken, Department of Child and Adolescent Mental Health (KJP), Milser Strasse 10, 6060 Hall in Tirol, Austria:*

Main responsibilities:

- Psychological Assessments for children and youth:
 - Intelligence, ADHD, Transgender, Personality Disorders, Psychiatric Diagnosis
 - Clinical reports, Treatment recommendations
- Clinical Psychology Counselling:
 - Gender Identity/Gender Dysphoria
 - Childhood traumatic experiences
 - Personality Functioning (Impairments in Identity, Self-Direction, Empathy, Intimacy)

3) *October 2014 to August 2022, Statistical Expert for NOVARTIS, Biochemiestrasse 10, Kundl, Austria:*

Main responsibilities:

- Monitoring, controlling, and improvement of the manufacturing processes of assigned products
- Plan and evaluate Design of Experiments (DOEs) in the frame of the Quality by Design validation strategy.
- Facilitate and enable (multivariate) process monitoring and control principles, e.g. by Multivariate Data Analysis (MVDA).
- Identification of critical root causes leveraging standard statistical methodologies for yield trends or other events which highlights parameters which are critical to ensure stable manufacturing processes and improvement of process performance

- Product related review, Ongoing Process Verification (OPV), and review and approval of manufacturing and validation documents
- Support of authority submission teams and responses to authority requests with data analyses
- Review stability data and support definition of limits
- Contribute to risk assessments (e.g. Quality Risk Assessment, FMEA) and establishment of process control strategy
- Implement Statistical Process Control (SPC) principles, e.g. control charts, and other pattern recognition techniques
- Conduct internal methodology trainings for colleagues to have the necessary competencies in applying statistical tools

My role entailed in statistical support to the site and within the global network to drive the application of advanced and state-of-the-art statistical principles, tools and methodologies to improve process understanding, quality and compliance of the products, efficiency and capability of the processes and profitability of the organization.

4) October 2013 to September 2014, Clinical Psychologist for Applied Psychology, University for Health Sciences (UMIT), Medical Informatics and Technology, Hall in Tyrol, Austria:

Main responsibilities:

- Provided lectures on psychometrics: psychological assessment and psychological test tools (methods of psychological testing, e.g. construction and development of intelligence and personality tests), test validity and reliability, item analysis
- Provided training and guidance to report writing of psychological assessments
- Thesis supervision for bachelor students and master students
- Write applications for research project grants for observational studies

My role primarily entailed teaching core components of Clinical Psychological Assessments to undergraduate students.

5) January 2013 to September 2013, Senior Health Economist, INC RESEARCH LLC, Munich, Germany:

Main responsibilities:

- Participated in preparation of statistical analysis plans, study reports and publications, sample size calculations, case report forms
- Conducted interviews with focus groups on treatment side effects
- Performed statistical analysis in SAS
- Provided internal input into health economic aspects in late phase studies
- Performed literature search and literature reviews
- Participated in writing proposals (budget and text)

My role entailed working on national and international clinical studies in late phase and post-approval for the indications central nervous system (multiple sclerosis), infectious diseases (HCV), and oncology (metastatic melanoma)

6) September 2010 to December 2012, Epidemiologist, Ludwig Maximilians University of Munich (LMU), Institute of Medical Information Processing, Biometrics and Epidemiology, and Helmholtz Zentrum, Institute of Epidemiology, Munich, Germany:

Main responsibilities:

- Conduction and statistical modeling (in SAS) of epidemiological studies (birth cohorts)
- Wrote reports on results and publications in peer reviewed journals
- Provided quality control of data acquisition and supervision to study centers
- Provided internal and external input into mental health aspects of studies
- Performed literature search and literature reviews

The primary aim of my role was to examine mental health problems and the factors associated with these problems: physical diseases, biomarkers (e.g. adipokines, fatty acids), health service use and health costs. The interdisciplinary study group I was working with focused its work on complex population-based data.

7) May 2009 to August 2010, Research Scientist, Austrian Research and Support Centre for the Gifted and Talented (ÖZBF), Salzburg, Austria

Main responsibilities:

- Development of the psychological assessment tool “mBET” for teachers to identify gifted and talented students in the classroom
- Designed observational studies (study design, methods, statistical plans and analysis)
- Participated in planning program of an international educational conference

My role entailed working on psychometrics and observational studies on a national level, and evaluations of support programs for gifted children. My position required liaison with local education authorities and teacher associations.

8) August 2007 to April 2009, Clinical Study Specialist, MED-EL Medical Electronics, Innsbruck, Austria

Main responsibilities:

- Wrote a protocol for a clinical investigation, including preparing all case report forms, liaison with regulatory authorities, ethics committees, as well as clinical partners in the study
- Wrote two protocols for post market surveillance studies
- Monitored data acquisition for one post market surveillance study
- Presentations of study protocols and related topics at internal meetings, as well as to participating external partners

My role entailed project management of regulatory required post-market observation studies and clinical investigations from protocol development through to preparation of final reports and publications according to regulations and company SOPs. My position required liaison with Research and Development, Risk Management teams and Regulatory.

9) June 2001 to September 2007, Epidemiologist, Ludwig Maximilians University of Munich (LMU), Dept. of Psychiatry in co-operation with Hospital for Behavioral Medicine «Klinik Roseneck» in Prien am Chiemsee, Germany

Main responsibilities:

- Participated as an interviewer and psychologist in the Upper Bavarian Long term Study of Mental health: Interviewed and conducted psychological

assessment of about 200 participants at the third wave (2001-2004) using structured clinical interviews, medical check lists, cognitive tests

- Project Management (co-ordination of interviews, recruitment of participants, monitoring data acquisition, data synthesis, and plausibility checks)
- Conducted statistical analyses and write up of results of the Upper Bavarian Study including data from the three waves (70s, 80s, 2000s) of 3000 subjects over the course of 40 years
- Supported multiple projects of efficiency of inpatient treatment in patients with eating disorders
- Wrote reports on results and publications in peer reviewed journals
- Provided guidance on methods and statistical analyses to doctoral students of medicine and undergraduates

My primary role entailed working as researcher in Psychiatric Epidemiology, working on a large longitudinal epidemiological study in the general population, and multiple projects of treatment efficiency of eating disorders.